

FEEDING MEEKER

FOOD CHALLENGE

ECUMEN OF LITCHFIELD & MEEKER MANOR WILL BE COLLECTING NON-PERISHABLE FOOD ITEMS THROUGHOUT THE MONTH OF JUNE TO DONATE TO THE MEEKER AREA FOOD SHELF .

OUR GOAL IS 200 POUNDS OF FOOD!

ECUMEN OF LITCHFIELD & MEEKER MANOR ARE HAVING A COMPETITION ON WHO CAN RAISE THE MOST NON-PERISHABLE FOOD ITEMS!

THE COMPETITION WILL TAKE PLACE FROM **JUNE 1 – JUNE 30**.
PLEASE DROP OFF YOUR NON-PERISHABLE ITEMS TO EITHER LOCATION.

SOME WISH LIST ITEMS INCLUDE:

- Fresh items (potatoes, apples, onions, oranges, etc.)
- Baking items (sugar, flour, oil, cake mix, muffin mix)
- Canned foods (fruits, vegetables, soups, meats, tomato products)
- Whole grain breakfast cereals (oatmeal, cheerios)
- Condiments and Spices (ketchup, mustard, salad dressing, peanut butter, jelly, salt, pepper, chili powder)
- Pasta, rice
- Boxed meals (stuffing, potatoes, rice sides, brown rice)

